

PK LB Limburg: Session: 1: COACH evaluation sheet for TEAM: DMB

Coachinfo: Warming up from: 07:45 until 08:25. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M BREASTSTROKE WOMEN 11+ Heat:1, starttime: 08:30

Heat: 1/17 Lane : 4 Athlete: LUDWICZAK JAGODA Q-time: 01:56:80

PB (50m pool): 01:57.56 SportinGenk Park 11/11/2025 PB (25m pool): 01:56.80 SB: 01:57.56 SportinGenk Park 11/11/2025

	50 M	100 M	
PB	no time	01:57.56	
	<i>no time</i>		
	

Coach feedback:

Event number: 1: 100M BREASTSTROKE WOMEN 11+ Heat:3, starttime: 08:35

Heat: 3/17 Lane : 3 Athlete: SCHROOTEN LIEN Q-time: 01:49:49

PB (50m pool): 02:03.46 SportinGenk Park 21/04/2025 PB (25m pool): 01:49.49 SB: no time

	50 M	100 M	
PB	no time	02:03.46	
	<i>no time</i>		
	

Coach feedback:

Event number: 1: 100M BREASTSTROKE WOMEN 11+ Heat:4, starttime: 08:38

Heat: 4/17 Lane : 2 Athlete: BIANCHI MAIA Q-time: 01:45:53

PB (50m pool): 01:50.50 SportinGenk Park 21/04/2025 PB (25m pool): 01:45.53 SB: no time

	50 M	100 M	
PB	no time	01:50.50	
	<i>no time</i>		
	

Coach feedback:

PK LB Limburg: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 1: 100M BREASTSTROKE WOMEN 11+		Heat:5, starttime: 08:40	
Heat: 5/17 Lane : 3 Athlete: MOORS CALISTA		Q-time: 01:41:52	
PB (50m pool): 01:51.39 SportinGenk Park 21/04/2025		PB (25m pool): 01:41.52 SB: no time	
	5 0 M	1 0 0 M	
PB	no time	01:51.39	
	<i>no time</i>		
	

Coach feedback:

Event number: 1: 100M BREASTSTROKE WOMEN 11+		Heat:6, starttime: 08:42	
Heat: 6/17 Lane : 6 Athlete: BEIJNSBERGER JULIE		Q-time: 01:39:55	
PB (50m pool): 01:47.57 SportinGenk Park 21/04/2025		PB (25m pool): 01:39.55 SB: no time	
	5 0 M	1 0 0 M	
PB	no time	01:47.57	
	<i>no time</i>		
	

Coach feedback:

Event number: 1: 100M BREASTSTROKE WOMEN 11+		Heat:7, starttime: 08:45	
Heat: 7/17 Lane : 2 Athlete: VAN EIJGEN LOUISE		Q-time: 01:37:87	
PB (50m pool): 01:40.92 SportinGenk Park 11/11/2025		PB (25m pool): 01:37.87 SB: 01:40.92 SportinGenk Park 11/11/2025	
	5 0 M	1 0 0 M	
PB	no time	01:40.92	
	<i>no time</i>		
	

Coach feedback:

Event number: 1: 100M BREASTSTROKE WOMEN 11+		Heat:7, starttime: 08:45	
Heat: 7/17 Lane : 3 Athlete: NULENS AZZURRA		Q-time: 01:37:55	
PB (50m pool): 01:46.79 Antwerpen 20/07/2025		PB (25m pool): 01:37.55 SB: no time	
	5 0 M	1 0 0 M	
PB	00:51.95	01:46.79	
	<i>00:51.95</i>	<i>00:54.84</i>	
	

Coach feedback:

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Event number: 1: 100M BREASTSTROKE WOMEN 11+		Heat:8, starttime: 08:47	
Heat: 8/17 Lane : 5 Athlete: FRANSSEN EMILY		Q-time: 01:35:77	
PB (50m pool): 01:42.28 SportinGenk Park 11/11/2025		PB (25m pool): 01:35.77 SB: 01:42.28 SportinGenk Park 11/11/2025	
	5 0 M	1 0 0 M	
PB	no time	01:42.28	
	<i>no time</i>		
	

Coach feedback:

Event number: 1: 100M BREASTSTROKE WOMEN 11+		Heat:10, starttime: 08:51	
Heat: 10/17 Lane : 4 Athlete: LUDWICZAK LENA		Q-time: 01:31:82	
PB (50m pool): 01:34.67 SportinGenk Park 11/11/2025		PB (25m pool): 01:31.82 SB: 01:34.67 SportinGenk Park 11/11/2025	
	5 0 M	1 0 0 M	
PB	no time	01:34.67	
	<i>no time</i>		
	

Coach feedback:

Event number: 1: 100M BREASTSTROKE WOMEN 11+		Heat:11, starttime: 08:53	
Heat: 11/17 Lane : 3 Athlete: BEIJNSBERGER LOUISE		Q-time: 01:31:24	
PB (50m pool): 01:33.85 Antwerpen 20/07/2025		PB (25m pool): 01:31.24 SB: no time	
	5 0 M	1 0 0 M	
PB	00:43.76	01:33.85	
	00:43.76	00:50.09	
	

Coach feedback:

Event number: 1: 100M BREASTSTROKE WOMEN 11+		Heat:12, starttime: 08:55	
Heat: 12/17 Lane : 5 Athlete: SCHOUTEDEN NIENKE		Q-time: 01:29:29	
PB (50m pool): 01:32.92 SportinGenk Park 01/03/2025		PB (25m pool): 01:29.29 SB: no time	
	5 0 M	1 0 0 M	
PB	no time	01:32.92	
	<i>no time</i>		
	

Coach feedback:

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Event number: 1: 100M BREASTSTROKE WOMEN 11+		Heat:12, starttime: 08:55	
Heat: 12/17 Lane : 6 Athlete: VANHEESWIJCK AMELEA		Q-time: 01:29:73	
PB (50m pool): 01:35.54 Antwerpen 20/07/2025		PB (25m pool): 01:29.73 SB: no time	
	50 M	100 M	
PB	00:45.74	01:35.54	
	00:45.74	00:49.80	
	

Coach feedback:

Event number: 1: 100M BREASTSTROKE WOMEN 11+		Heat:13, starttime: 08:58	
Heat: 13/17 Lane : 2 Athlete: JORISKES LORE		Q-time: 01:28:49	
PB (50m pool): 01:30.59 Antwerp 26/01/2025		PB (25m pool): 01:28.49 SB: no time	
	50 M	100 M	
PB	00:42.35	01:30.59	
	00:42.35	00:48.24	
	

Coach feedback:

Event number: 1: 100M BREASTSTROKE WOMEN 11+		Heat:14, starttime: 09:00	
Heat: 14/17 Lane : 3 Athlete: BOUSSON JULIE		Q-time: 01:26:06	
PB (50m pool): 01:33.60 SportinGenk Park 01/03/2025		PB (25m pool): 01:26.06 SB: no time	
	50 M	100 M	
PB	no time	01:33.60	
	no time		
	

Coach feedback:

Event number: 1: 100M BREASTSTROKE WOMEN 11+		Heat:15, starttime: 09:02	
Heat: 15/17 Lane : 3 Athlete: NOUWEN FLEUR		Q-time: 01:24:38	
PB (50m pool): 01:24.38 Antwerpen 20/07/2025		PB (25m pool): 01:25.56 SB: no time	
	50 M	100 M	
PB	00:40.26	01:24.38	
	00:40.26	00:44.12	
	

Coach feedback:

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Event number: 1: 100M BREASTSTROKE WOMEN 11+		Heat:15, starttime: 09:02	
Heat: 15/17 Lane : 4 Athlete: DE BELDER KATO		Q-time: 01:23:89	
PB (50m pool): 01:27.26 Antwerpen 20/07/2025		PB (25m pool): 01:23.89 SB: 01:30.78 SportinGenk Park 11/11/2025	
	5 0 M	1 0 0 M	
PB	00:41.15	01:27.26	
	<i>00:41.15</i>	<i>00:46.11</i>	
	

Coach feedback:

Event number: 1: 100M BREASTSTROKE WOMEN 11+		Heat:15, starttime: 09:02	
Heat: 15/17 Lane : 6 Athlete: KERKHOF KAAT		Q-time: 01:24:58	
PB (50m pool): 01:28.43 Antwerpen 20/04/2025		PB (25m pool): 01:24.58 SB: no time	
	5 0 M	1 0 0 M	
PB	00:40.71	01:28.43	
	<i>00:40.71</i>	<i>00:47.72</i>	
	

Coach feedback:

Event number: 1: 100M BREASTSTROKE WOMEN 11+		Heat:16, starttime: 09:04	
Heat: 16/17 Lane : 2 Athlete: VANGELOVEN FRAN		Q-time: 01:23:67	
PB (50m pool): 01:24.56 Antwerp 26/01/2025		PB (25m pool): 01:23.67 SB: no time	
	5 0 M	1 0 0 M	
PB	00:39.00	01:24.56	
	<i>00:39.00</i>	<i>00:45.56</i>	
	

Coach feedback:

Event number: 1: 100M BREASTSTROKE WOMEN 11+		Heat:16, starttime: 09:04	
Heat: 16/17 Lane : 7 Athlete: LAMBRIGTS GITTE		Q-time: 01:23:75	
PB (50m pool): 01:40.22 SportinGenk Park 19/05/2024		PB (25m pool): 01:23.75 SB: no time	
	5 0 M	1 0 0 M	
PB	no time	01:40.22	
	<i>no time</i>		
	

Coach feedback:

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Event number: 1: 100M BREASTSTROKE WOMEN 11+		Heat:17, starttime: 09:06	
Heat: 17/17 Lane : 7 Athlete: RUELENS COBIEN		Q-time: 01:20:91	
PB (50m pool): 01:24.57 Antwerpen 20/07/2025		PB (25m pool): 01:20.91 SB: no time	
	5 0 M	1 0 0 M	
PB	00:38.96	01:24.57	
	00:38.96	00:45.61	
	

Coach feedback:

Event number: 2: 100M BREASTSTROKE MEN 13+		Heat:4, starttime: 09:15	
Heat: 4/8 Lane : 2 Athlete: GEUTJENS MAXIME		Q-time: 01:27:21	
PB (50m pool): 01:33.38 SportinGenk Park 01/03/2025		PB (25m pool): 01:27.21 SB: no time	
	5 0 M	1 0 0 M	
PB	no time	01:33.38	
	no time		
	

Coach feedback:

Event number: 2: 100M BREASTSTROKE MEN 13+		Heat:5, starttime: 09:17	
Heat: 5/8 Lane : 3 Athlete: DAEMEN JUUL		Q-time: 01:23:70	
PB (50m pool): 01:23.70 Olympic Pool Wezenberg, Antwer 30/03/2025		PB (25m pool): 01:16.03 SB: no time	
	5 0 M	1 0 0 M	
PB	00:38.67	01:23.70	
	00:38.67	00:45.03	
	

Coach feedback:

Event number: 2: 100M BREASTSTROKE MEN 13+		Heat:5, starttime: 09:17	
Heat: 5/8 Lane : 5 Athlete: WALTERUS KILYAN		Q-time: 01:22:59	
PB (50m pool): 01:27.31 Antwerpen 20/04/2025		PB (25m pool): 01:22.59 SB: no time	
	5 0 M	1 0 0 M	
PB	00:40.45	01:27.31	
	00:40.45	00:46.86	
	

Coach feedback:

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Event number: 2: 100M BREASTSTROKE MEN 13+		Heat:6, starttime: 09:19	
Heat: 6/8 Lane : 4 Athlete: TIELEN SANDER		Q-time: 01:16:65	
PB (50m pool): 01:21.94 Antwerpen 20/07/2025		PB (25m pool): 01:16.65 SB: no time	
	50 M	100 M	
PB	00:38.41	01:21.94	
	<i>00:38.41</i>	<i>00:43.53</i>	
	

Coach feedback:

Event number: 2: 100M BREASTSTROKE MEN 13+		Heat:7, starttime: 09:21	
Heat: 7/8 Lane : 3 Athlete: DAEMEN TUUR		Q-time: 01:15:10	
PB (50m pool): 01:15.10 SportinGenk Park 01/03/2025		PB (25m pool): 01:11.18 SB: no time	
	50 M	100 M	
PB	no time	01:15.10	
	<i>no time</i>		
	

Coach feedback:

Event number: 2: 100M BREASTSTROKE MEN 13+		Heat:8, starttime: 09:23	
Heat: 8/8 Lane : 4 Athlete: METTEN VINCE		Q-time: 01:04:83	
PB (50m pool): 01:09.05 Antwerpen 27/07/2025		PB (25m pool): 01:04.83 SB: no time	
	50 M	100 M	
PB	00:32.24	01:09.05	
	<i>00:32.24</i>	<i>00:36.81</i>	
	

Coach feedback:

Event number: 2: 100M BREASTSTROKE MEN 13+		Heat:8, starttime: 09:23	
Heat: 8/8 Lane : 5 Athlete: ORIS TIM		Q-time: 01:09:48	
PB (50m pool): 01:09.21 Antwerpen 21/04/2024		PB (25m pool): 01:06.48 SB: 01:10.11 Neuss 07/12/2025	
	50 M	100 M	
PB	no time	01:09.21	
	<i>no time</i>		
	

Coach feedback:

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Event number: 3: 50M BACKSTROKE WOMEN 13+		Heat:2, starttime: 09:30
Heat: 2/6 Lane : 3 Athlete: BOUSSON JULIE		Q-time: 00:39:36
PB (50m pool): 00:42.97 Antwerpen 16/04/2023		PB (25m pool): 00:39.36 SB: no time
	5 0 M	
PB	00:42.97	
	00:42.97	
	

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 13+		Heat:3, starttime: 09:32
Heat: 3/6 Lane : 5 Athlete: THEUWIS LISABET		Q-time: 00:36:88
PB (50m pool): 00:41.03 Antwerpen 16/04/2023		PB (25m pool): 00:36.88 SB: no time
	5 0 M	
PB	00:41.03	
	00:41.03	
	

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 13+		Heat:4, starttime: 09:33
Heat: 4/6 Lane : 5 Athlete: WEVERS GITTE		Q-time: 00:35:13
PB (50m pool): 00:35.13 Antwerpen 20/04/2025		PB (25m pool): 00:34.04 SB: no time
	5 0 M	
PB	00:35.13	
	00:35.13	
	

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 13+		Heat:4, starttime: 09:33
Heat: 4/6 Lane : 7 Athlete: HUYBREGTS JOLIEN		Q-time: 00:36:74
PB (50m pool): 00:40.09 Antwerpen 16/04/2023		PB (25m pool): 00:36.74 SB: no time
	5 0 M	
PB	00:40.09	
	00:40.09	
	

Coach feedback:

PK LB Limburg: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 3: 50M BACKSTROKE WOMEN 13+		Heat:5, starttime: 09:35
Heat: 5/6 Lane : 3 Athlete: VINKEN AMÉLIE		Q-time: 00:34:21
PB (50m pool): 00:33.56 Antwerpen 21/04/2024		PB (25m pool): 00:32.18 SB: no time
	5 0 M	
PB	00:33.56	
	00:33.56	
	

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 13+		Heat:6, starttime: 09:37
Heat: 6/6 Lane : 2 Athlete: THEUWISSEN NORE		Q-time: 00:32:57
PB (50m pool): 00:34.21 Antwerpen 20/04/2025		PB (25m pool): 00:32.57 SB: no time
	5 0 M	
PB	00:34.21	
	00:34.21	
	

Coach feedback:

Event number: 4: 50M BACKSTROKE MEN 13+		Heat:1, starttime: 09:38
Heat: 1/6 Lane : 3 Athlete: TIMMERS BJARNE		Q-time: 00:43:07
PB (50m pool): no time		PB (25m pool): 00:43.07 SB: no time
	5 0 M	
PB	no time	
	no time	
	

Coach feedback:

Event number: 4: 50M BACKSTROKE MEN 13+		Heat:3, starttime: 09:42
Heat: 3/6 Lane : 4 Athlete: VAN DEN HOORN EBE		Q-time: 00:35:12
PB (50m pool): 00:46.86 Genk 30/10/2021		PB (25m pool): 00:35.12 SB: no time
	5 0 M	
PB	00:46.86	
	00:46.86	
	

Coach feedback:

PK LB Limburg: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 4: 50M BACKSTROKE MEN 13+		Heat:5, starttime: 09:45
Heat: 5/6 Lane : 2 Athlete: WALTERUS KILYAN		Q-time: 00:33:20
PB (50m pool): 00:34.69 Antwerpen 20/04/2025		PB (25m pool): 00:33.20 SB: no time
	5 0 M	
PB	00:34.69	
	00:34.69	
	

Coach feedback:

Event number: 4: 50M BACKSTROKE MEN 13+		Heat:6, starttime: 09:47
Heat: 6/6 Lane : 6 Athlete: VEESTRAETEN MATS		Q-time: 00:31:01
PB (50m pool): 00:29.88 ANTWERPEN 23/04/2023		PB (25m pool): 00:29.28 SB: no time
	5 0 M	
PB	00:29.88	
	00:29.88	
	

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11+		Heat:3, starttime: 09:52
Heat: 3/17 Lane : 3 Athlete: LUDWICZAK JAGODA		Q-time: 00:49:73
PB (50m pool): 00:58.86 SportinGenk Park 11/11/2024		PB (25m pool): 00:49.73 SB: no time
	5 0 M	
PB	00:58.86	
	00:58.86	
	

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11+		Heat:4, starttime: 09:53
Heat: 4/17 Lane : 2 Athlete: SCHROOTEN LIEN		Q-time: 00:46:37
PB (50m pool): no time		PB (25m pool): 00:46.37 SB: no time
	5 0 M	
PB	no time	
	no time	
	

Coach feedback:

PK LB Limburg: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 5: 50M BUTTERFLY WOMEN 11+		Heat:4, starttime: 09:53
Heat: 4/17 Lane : 3 Athlete: BIANCHI MAIA		Q-time: 00:46:16
PB (50m pool): no time		PB (25m pool): 00:46.16 SB: no time
	5 0 M	
PB	no time	
	<i>no time</i>	
	

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11+		Heat:5, starttime: 09:54
Heat: 5/17 Lane : 2 Athlete: VAN EIJGEN LOUISE		Q-time: 00:45:04
PB (50m pool): no time		PB (25m pool): 00:45.04 SB: no time
	5 0 M	
PB	no time	
	<i>no time</i>	
	

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11+		Heat:5, starttime: 09:54
Heat: 5/17 Lane : 3 Athlete: MOORS CALISTA		Q-time: 00:44:49
PB (50m pool): 00:46.95 SportinGenk Park 21/04/2025		PB (25m pool): 00:44.49 SB: no time
	5 0 M	
PB	00:46.95	
	<i>00:46.95</i>	
	

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11+		Heat:7, starttime: 09:57
Heat: 7/17 Lane : 2 Athlete: BEIJNSBERGER JULIE		Q-time: 00:40:78
PB (50m pool): 00:40.78 SportinGenk Park 11/11/2025		PB (25m pool): 00:43.78 SB: 00:40.78 SportinGenk Park 11/11/2025
	5 0 M	
PB	00:40.78	
	<i>00:40.78</i>	
	

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Event number: 5: 50M BUTTERFLY WOMEN 11+		Heat:7, starttime: 09:57
Heat: 7/17 Lane : 5 Athlete: REMANS QUIN		Q-time: 00:39:62
PB (50m pool): 00:41.47 SportinGenk Park 01/04/2024 PB (25m pool): 00:39.62 SB: no time		
	5 0 M	
PB	00:41.47	
	00:41.47	
	

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11+		Heat:7, starttime: 09:57
Heat: 7/17 Lane : 7 Athlete: FRANSSEN EMILY		Q-time: 00:40:82
PB (50m pool): 00:40.82 Antwerpen 20/04/2025 PB (25m pool): 00:42.94 SB: no time		
	5 0 M	
PB	00:40.82	
	00:40.82	
	

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11+		Heat:8, starttime: 09:58
Heat: 8/17 Lane : 4 Athlete: NULENS AZZURRA		Q-time: 00:38:50
PB (50m pool): 00:41.77 Antwerp 26/01/2025 PB (25m pool): 00:38.50 SB: no time		
	5 0 M	
PB	00:41.77	
	00:41.77	
	

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11+		Heat:8, starttime: 09:58
Heat: 8/17 Lane : 6 Athlete: LUDWICZAK LENA		Q-time: 00:38:69
PB (50m pool): 00:45.67 SportinGenk Park 01/04/2024 PB (25m pool): 00:38.69 SB: no time		
	5 0 M	
PB	00:45.67	
	00:45.67	
	

Coach feedback:

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Event number: 5: 50M BUTTERFLY WOMEN 11+		Heat:8, starttime: 09:58
Heat: 8/17 Lane : 7 Athlete: VANDEWAERDE OOB		Q-time: 00:39:43
PB (50m pool): 00:40.83 Antwerpen 20/04/2025 PB (25m pool): 00:39.43 SB: no time		
	5 0 M	
PB	00:40.83	
	00:40.83	
	

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11+		Heat:9, starttime: 10:00
Heat: 9/17 Lane : 6 Athlete: SCHOUTEDEN NIENKE		Q-time: 00:37:89
PB (50m pool): 00:41.39 SportinGenk Park 01/04/2024 PB (25m pool): 00:37.67 SB: no time		
	5 0 M	
PB	00:41.39	
	00:41.39	
	

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11+		Heat:10, starttime: 10:01
Heat: 10/17 Lane : 5 Athlete: LAMBRIGTS GITTE		Q-time: 00:36:67
PB (50m pool): no time PB (25m pool): 00:36.67 SB: no time		
	5 0 M	
PB	no time	
	no time	
	

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11+		Heat:12, starttime: 10:03
Heat: 12/17 Lane : 3 Athlete: BEIJNSBERGER LOUISE		Q-time: 00:34:74
PB (50m pool): 00:35.84 Antwerp 26/01/2025 PB (25m pool): 00:34.74 SB: no time		
	5 0 M	
PB	00:35.84	
	00:35.84	
	

Coach feedback:

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Event number: 5: 50M BUTTERFLY WOMEN 11+		Heat:12, starttime: 10:03
Heat: 12/17 Lane : 4 Athlete: VANHEESWIJCK AMELEA		Q-time: 00:34:55
PB (50m pool): 00:39.59 SportinGenk Park 01/04/2024 PB (25m pool): 00:34.55 SB: no time		
	5 0 M	
PB	00:39.59	
	00:39.59	
	

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11+		Heat:12, starttime: 10:03
Heat: 12/17 Lane : 5 Athlete: RUELENS COBIEN		Q-time: 00:34:59
PB (50m pool): 00:58.30 Antwerpen 29/01/2023 PB (25m pool): 00:34.59 SB: no time		
	5 0 M	
PB	00:58.30	
	00:58.30	
	

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11+		Heat:12, starttime: 10:03
Heat: 12/17 Lane : 7 Athlete: JORISKES LORE		Q-time: 00:35:08
PB (50m pool): 00:43.89 Antwerpen 16/04/2023 PB (25m pool): 00:33.85 SB: no time		
	5 0 M	
PB	00:43.89	
	00:43.89	
	

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11+		Heat:13, starttime: 10:04
Heat: 13/17 Lane : 2 Athlete: NOUWEN FLEUR		Q-time: 00:33:69
PB (50m pool): 00:34.86 Antwerpen 20/04/2025 PB (25m pool): 00:33.69 SB: no time		
	5 0 M	
PB	00:34.86	
	00:34.86	
	

Coach feedback:

PK LB Limburg: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 5: 50M BUTTERFLY WOMEN 11+		Heat:13, starttime: 10:04
Heat: 13/17 Lane : 4 Athlete: DE BELDER KATO		Q-time: 00:33:30
PB (50m pool): 00:57.04 Antwerpen 29/01/2023 PB (25m pool): 00:33.30 SB: no time		
	5 0 M	
PB	00:57.04	
	00:57.04	
	

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11+		Heat:14, starttime: 10:05
Heat: 14/17 Lane : 2 Athlete: KERKHOF KAAT		Q-time: 00:33:18
PB (50m pool): no time PB (25m pool): 00:33.18 SB: no time		
	5 0 M	
PB	no time	
	no time	
	

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11+		Heat:16, starttime: 10:08
Heat: 16/17 Lane : 3 Athlete: THEUWIS MIRA		Q-time: 00:31:28
PB (50m pool): 00:36.65 Zwembad Brigitte Becue Oostend 19/05/2022 PB (25m pool): 00:31.28 SB: no time		
	5 0 M	
PB	00:36.65	
	00:36.65	
	

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11+		Heat:16, starttime: 10:08
Heat: 16/17 Lane : 5 Athlete: THEUWIS RUNE		Q-time: 00:30:91
PB (50m pool): 00:31.54 Olympic Pool Wezenberg, Antwer 24/03/2022 PB (25m pool): 00:30.91 SB: no time		
	5 0 M	
PB	00:31.54	
	00:31.54	
	

Coach feedback:

PK LB Limburg: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 5: 50M BUTTERFLY WOMEN 11+		Heat:17, starttime: 10:09
Heat: 17/17 Lane : 5 Athlete: VINKEN AMÉLIE		Q-time: 00:29:50
PB (50m pool): 00:29.50 Antwerpen 27/04/2025 PB (25m pool): 00:29.85 SB: no time		
	5 0 M	
PB	00:29.50	
	00:29.50	
	

Coach feedback:

Event number: 6: 50M BUTTERFLY MEN 13+		Heat:3, starttime: 10:13
Heat: 3/9 Lane : 6 Athlete: GEUTJENS MAXIME		Q-time: 00:33:60
PB (50m pool): no time PB (25m pool): 00:33.60 SB: no time		
	5 0 M	
PB	no time	
	no time	
	

Coach feedback:

Event number: 6: 50M BUTTERFLY MEN 13+		Heat:4, starttime: 10:14
Heat: 4/9 Lane : 3 Athlete: VANDIJCK SAMUEL		Q-time: 00:32:18
PB (50m pool): 00:36.65 Zwembad Brigitte Becue Oostend 19/05/2012 PB (25m pool): 00:31.90 SB: no time		
	5 0 M	
PB	00:36.65	
	00:36.65	
	

Coach feedback:

Event number: 6: 50M BUTTERFLY MEN 13+		Heat:5, starttime: 10:15
Heat: 5/9 Lane : 3 Athlete: DAEMEN JUUL		Q-time: 00:31:06
PB (50m pool): no time PB (25m pool): 00:31.06 SB: no time		
	5 0 M	
PB	no time	
	no time	
	

Coach feedback:

PK LB Limburg: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 6: 50M BUTTERFLY MEN 13+		Heat:5, starttime: 10:15
Heat: 5/9 Lane : 4 Athlete: EVENS VINCE		Q-time: 00:30:50
PB (50m pool): 00:30.50 Neuss 07/12/2025		PB (25m pool): 00:30.72 SB: 00:30.50 Neuss 07/12/2025
	5 0 M	
PB	00:30.50	
	00:30.50	
	

Coach feedback:

Event number: 6: 50M BUTTERFLY MEN 13+		Heat:7, starttime: 10:17
Heat: 7/9 Lane : 5 Athlete: METTEN VINCE		Q-time: 00:29:37
PB (50m pool): no time		PB (25m pool): 00:29.37 SB: no time
	5 0 M	
PB	no time	
	no time	
	

Coach feedback:

Event number: 6: 50M BUTTERFLY MEN 13+		Heat:8, starttime: 10:19
Heat: 8/9 Lane : 7 Athlete: DAEMEN TUUR		Q-time: 00:29:34
PB (50m pool): 00:29.34 SportinGenk Park 21/04/2025		PB (25m pool): 00:28.20 SB: no time
	5 0 M	
PB	00:29.34	
	00:29.34	
	

Coach feedback:

Event number: 6: 50M BUTTERFLY MEN 13+		Heat:9, starttime: 10:20
Heat: 9/9 Lane : 3 Athlete: VEESTRAETEN MATS		Q-time: 00:27:86
PB (50m pool): 00:27.79 Antwerpen 21/04/2024		PB (25m pool): 00:27.66 SB: no time
	5 0 M	
PB	00:27.79	
	00:27.79	
	

Coach feedback:

PK LB Limburg: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 6: 50M BUTTERFLY MEN 13+		Heat:9, starttime: 10:20
Heat: 9/9 Lane : 5 Athlete: ORIS TIM		Q-time: 00:27:34
PB (50m pool): 00:28.00 Antwerpen 16/04/2023		PB (25m pool): 00:27.34 SB: no time
	50 M	
PB	00:28.00	
	00:28.00	
	

Coach feedback:

Event number: 6: 50M BUTTERFLY MEN 13+		Heat:9, starttime: 10:20
Heat: 9/9 Lane : 6 Athlete: EVENS MATS		Q-time: 00:28:15
PB (50m pool): 00:28.26 Neuss 07/12/2025		PB (25m pool): 00:28.15 SB: 00:28.26 Neuss 07/12/2025
	50 M	
PB	00:28.26	
	00:28.26	
	

Coach feedback:

Event number: 7: 400M FREESTYLE WOMEN 13+						Heat:2, starttime: 10:43		
Heat: 2/5 Lane : 5 Athlete: VANHEESWIJCK AMELEA						Q-time: 05:23:70		
PB (50m pool): 05:27.48 Antwerpen 20/07/2025						PB (25m pool): 05:23.70 SB: no time		
	50 M	100 M	150 M	200 M	250 M	300 M	350 M	400 M
PB	00:35.05	01:15.23	01:57.41	02:39.65	03:23.83	04:06.82	04:47.64	05:27.48
	00:35.05	00:40.18	00:42.18	00:42.24	00:44.18	00:42.99	00:40.82	00:39.84

Coach feedback:

Event number: 7: 400M FREESTYLE WOMEN 13+						Heat:4, starttime: 10:55		
Heat: 4/5 Lane : 3 Athlete: VANGELOVEN FRAN						Q-time: 04:57:25		
PB (50m pool): 05:00.42 Antwerpen 20/07/2025						PB (25m pool): 04:57.25 SB: no time		
	50 M	100 M	150 M	200 M	250 M	300 M	350 M	400 M
PB	00:34.64	01:12.07	01:50.14	02:28.79	03:07.25	03:45.89	04:24.05	05:00.42
	00:34.64	00:37.43	00:38.07	00:38.65	00:38.46	00:38.64	00:38.16	00:36.37

Coach feedback:

PK LB Limburg: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 7: 400M FREESTYLE WOMEN 13+							Heat:4, starttime: 10:55	
Heat: 4/5 Lane : 4 Athlete: THEUWIS LISABET							Q-time: 04:55:07	
PB (50m pool): 05:16.11 SportinGenk Park 19/05/2024				PB (25m pool): 04:55.07 SB: no time				
	50 M	100 M	150 M	200 M	250 M	300 M	350 M	400 M
PB	no time	no time	no time	no time	no time	no time	no time	05:16.11
	<i>no time</i>							

Coach feedback:

Event number: 7: 400M FREESTYLE WOMEN 13+							Heat:4, starttime: 10:55	
Heat: 4/5 Lane : 5 Athlete: THEUWIS MIRA							Q-time: 04:55:17	
PB (50m pool): 04:55.17 Antwerpen 20/04/2025				PB (25m pool): 04:43.28 SB: no time				
	50 M	100 M	150 M	200 M	250 M	300 M	350 M	400 M
PB	00:33.06	01:10.16	01:48.21	02:26.05	03:04.59	03:42.68	04:20.32	04:55.17
	<i>00:33.06</i>	<i>00:37.10</i>	<i>00:38.05</i>	<i>00:37.84</i>	<i>00:38.54</i>	<i>00:38.09</i>	<i>00:37.64</i>	<i>00:34.85</i>

Coach feedback:

Event number: 7: 400M FREESTYLE WOMEN 13+							Heat:4, starttime: 10:55	
Heat: 4/5 Lane : 6 Athlete: THEUWISSEN NORE							Q-time: 04:57:49	
PB (50m pool): 05:00.72 Antwerpen 20/07/2025				PB (25m pool): 04:57.49 SB: no time				
	50 M	100 M	150 M	200 M	250 M	300 M	350 M	400 M
PB	00:33.68	01:11.75	01:50.61	02:29.22	03:07.96	03:46.53	04:24.59	05:00.72
	<i>00:33.68</i>	<i>00:38.07</i>	<i>00:38.86</i>	<i>00:38.61</i>	<i>00:38.74</i>	<i>00:38.57</i>	<i>00:38.06</i>	<i>00:36.13</i>

Coach feedback:

Event number: 7: 400M FREESTYLE WOMEN 13+							Heat:4, starttime: 10:55	
Heat: 4/5 Lane : 7 Athlete: WEVERS GITTE							Q-time: 04:59:86	
PB (50m pool): 04:57.96 Antwerpen 21/07/2024				PB (25m pool): 04:52.36 SB: 05:00.52 Neuss 07/12/2025				
	50 M	100 M	150 M	200 M	250 M	300 M	350 M	400 M
PB	no time	no time	no time	no time	no time	no time	no time	04:57.96
	<i>no time</i>							

Coach feedback:

PK LB Limburg: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 7: 400M FREESTYLE WOMEN 13+							Heat:5, starttime: 11:01	
Heat: 5/5 Lane : 3 Athlete: THEUWIS RUNE							Q-time: 04:46:39	
PB (50m pool): 04:42.78 ANTWERPEN 30/07/2023				PB (25m pool): 04:38.05 SB: no time				
	50 M	100 M	150 M	200 M	250 M	300 M	350 M	400 M
PB	no time	no time	no time	no time	no time	no time	no time	04:42.78
	<i>no time</i>							

Coach feedback:

Event number: 8: 400M FREESTYLE MEN 13+							Heat:1, starttime: 11:07	
Heat: 1/4 Lane : 7 Athlete: TIMMERS BJARNE							Q-time: 06:08:21	
PB (50m pool): 07:26.65 Antwerp 28/01/2024				PB (25m pool): 06:08.21 SB: no time				
	50 M	100 M	150 M	200 M	250 M	300 M	350 M	400 M
PB	no time	no time	no time	no time	no time	no time	no time	07:26.65
	<i>no time</i>							

Coach feedback:

Event number: 8: 400M FREESTYLE MEN 13+							Heat:2, starttime: 11:13	
Heat: 2/4 Lane : 4 Athlete: VAN DEN HOORN EBE							Q-time: 04:45:26	
PB (50m pool): 05:03.91 SportinGenk Park 19/05/2024				PB (25m pool): 04:45.26 SB: no time				
	50 M	100 M	150 M	200 M	250 M	300 M	350 M	400 M
PB	no time	no time	no time	no time	no time	no time	no time	05:03.91
	<i>no time</i>							

Coach feedback:

Event number: 8: 400M FREESTYLE MEN 13+							Heat:3, starttime: 11:19	
Heat: 3/4 Lane : 4 Athlete: TIELEN SANDER							Q-time: 04:30:71	
PB (50m pool): 04:39.93 Antwerpen 20/07/2025				PB (25m pool): 04:30.71 SB: no time				
	50 M	100 M	150 M	200 M	250 M	300 M	350 M	400 M
PB	00:30.67	01:06.62	01:42.78	02:19.35	02:54.77	03:31.05	04:06.12	04:39.93
	<i>00:30.67</i>	<i>00:35.95</i>	<i>00:36.16</i>	<i>00:36.57</i>	<i>00:35.42</i>	<i>00:36.28</i>	<i>00:35.07</i>	<i>00:33.81</i>

Coach feedback:

PK LB Limburg: Session: 1: COACH evaluation sheet for TEAM: DMB

Event number: 8: 400M FREESTYLE MEN 13+							Heat:3, starttime: 11:19	
Heat: 3/4 Lane : 5 Athlete: EVENS MATS							Q-time: 04:31:38	
PB (50m pool): 04:31.38 Neuss 07/12/2025				PB (25m pool): 04:24.94 SB: 04:31.38 Neuss 07/12/2025				
	50 M	100 M	150 M	200 M	250 M	300 M	350 M	400 M
PB	00:29.34	01:03.16	01:37.27	02:12.13	02:46.99	03:22.78	03:57.35	04:31.38
	<i>00:29.34</i>	<i>00:33.82</i>	<i>00:34.11</i>	<i>00:34.86</i>	<i>00:34.86</i>	<i>00:35.79</i>	<i>00:34.57</i>	<i>00:34.03</i>

Coach feedback:

Event number: 8: 400M FREESTYLE MEN 13+							Heat:3, starttime: 11:19	
Heat: 3/4 Lane : 7 Athlete: EVENS VINCE							Q-time: 04:44:40	
PB (50m pool): 04:44.40 Neuss 07/12/2025				PB (25m pool): 04:46.51 SB: 04:44.40 Neuss 07/12/2025				
	50 M	100 M	150 M	200 M	250 M	300 M	350 M	400 M
PB	00:32.11	01:07.57	01:43.12	02:19.78	02:56.44	03:33.33	04:09.73	04:44.40
	<i>00:32.11</i>	<i>00:35.46</i>	<i>00:35.55</i>	<i>00:36.66</i>	<i>00:36.66</i>	<i>00:36.89</i>	<i>00:36.40</i>	<i>00:34.67</i>

Coach feedback: